

ARMY POST-DEPLOYMENT HEALTH REASSESSMENT



U.S. Army Frequently Asked Questions

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[Q1: I need medical attention now for my deployment-related health concerns, do I need to wait for the PDHRA?](#)

A1: No, you should not wait for the PDHRA. Make an appointment with your health care provider, local Medical Treatment Facility, or call the Wounded Soldier and Family Hotline at 1-800-984-8523 for assistance.

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For additional information visit <http://fhp.osd.mil/pdhrainfo> or the "PDHRA for Soldiers" page in AKO.



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Q2: What is the Post-Deployment Health Reassessment, or PDHRA, screening?

A2: *The Post-Deployment Health Reassessment, or PDHRA, is a three-part program. First, Soldiers complete the **Battlemind II** training, then complete the **DD Form 2900** and conclude with a **one-on-one conversation** with a trained health care provider.*

Q3: How does the PDHRA benefit Soldiers?

A3: *The PDHRA is part of the Department of Defense's Force Health Protection Program. Part of the Deployment Cycle Support process, the PDHRA provides education, screening and access to care for a wide variety of questions and concerns that Soldiers may have about their health after they return from deployment.*

Q4: Who is required to complete the PDHRA?

A4: *All Soldiers – Active U.S. Army, Army National Guard, and U.S. Army Reserve -- who have returned from combat deployment since 10 March 2005 must complete the PDHRA. Soldiers who returned from deployment between 11 September 2001 and 9 March 2005 are highly encouraged to complete the PDHRA but aren't required to do so.*

Q5: How do Soldiers complete the PDHRA? Who's responsible for ensuring that they comply?

A5: *The PDHRA is a Commander's Program, and the U.S. Army offers resources – including Coordinators assigned to assist Commanders in scheduling screenings – to ensure that all Soldiers have access to this screening program. The PDHRA can be completed a number of ways, and the program is designed so that Soldiers can complete the screening process wherever they live and work. Please visit the **FAQs** for your component to learn how to complete the process.*

Q6: What kinds of questions are included in this reassessment?

A6: *The questions address both Soldier-specific demographics and health history. The demographic questions include identification, contact information and deployment location. The health history comprises eighteen screening and triage questions designed to identify health concerns and conditions that may have emerged following the most recent deployment as well as the types of information and assistance that the Soldier would like to receive.*

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Q7: How long does the PDHRA take to complete?

A7: *Depending on your screening options, the PDHRA generally takes 45 minutes to complete.*

Q8: How are providers trained to do the PDHRA screen?

A8: *The Department of Defense and U.S. Army train qualified health care providers to administer PDHRA with the appropriate education and guidance.*

Q9: What happens after the PDHRA screen?

A9: *If necessary, the health care provider will refer the Soldier for follow-up care, treatment or evaluation. Referrals are made for a range of issues, both physical and mental. Military OneSource and personal health care providers commonly receive the referral.*

Q10: What PDHRA services are available to Family members?

A10: *The PDHRA screen is only for Soldiers. However, some Soldiers may be referred for counseling for relationship, legal or other family issues. These counseling services often include the Soldier's spouse or other Family members. There is also a Battlemind training program for spouses, and additional resources are available through the Family Readiness Groups that are organized in every deployable U.S. Army unit.*

Q11: Where can I find more information on the PDHRA?

A11: *Soldiers, Commanders & Leaders, and Family members can get more information on the screening by visiting:*

- U.S. Army PDHRA web site (<http://fhp.osd.mil/pdhrainfo>)
- PDHRA for Soldiers page (<https://www.us.army.mil/suite/page/200435>) in AKO
- PDHRA for Commanders & Leaders page (<https://www.us.army.mil/suite/page/200441>) in AKO

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